



## **Code of Conduct - Parents and Swimmers**

We ask that all Parents & Swimmers comply with the following:

- Complete and return the Medical Information form as requested and provide details of any relevant health conditions/concerns. To report any changes in the state of your child's health to the teacher prior to the lesson.
- Ensure that the Swim School has up to date contact details as required.
- Ensure that your child is prompt for their lessons and is well enough to participate fully in the lesson.
- Ensure children are aware of the code of conduct.

### **Hygiene**

- Please encourage your child to use the toilet and shower before entering the water.
- All swimmers from pre-school age and upwards, are expected to wear swimming hats. This is not a requirement for parents or guardians attending the parent and child swimming sessions.
- Jewellery should not be worn in the water. The parent/guardian is responsible for the safe keeping of any valuables.
- No outer footwear or prams should be taken onto poolside or into changing rooms. Please use overshoes (if available) or go barefoot if you prefer.
- Without exception, all babies/toddlers, regardless of age or whether they are potty trained, must wear our double nappy system: either reusable cotton nappy or a disposable paper swim nappy with a happy nappy or similar neoprene nappy with a suitable seal around the legs and waist. Please take all your used nappies away with you.
- Never bring your child swimming if they have any illness such as an ear infection, diarrhoea, vomiting, chicken pox, impetigo, conjunctivitis or a bad cold.

- In the instance of sickness and diarrhoea your child must have been clear of all symptoms for at least 48 hours before attending a lesson.
- In the instance of chicken pox, a swimmer is no longer contagious once the scabs have formed however we do advise waiting until the scabs have begun to heal so as not to risk prolonging the healing process.
- Verrucas may be covered with a waterproof plaster and indoor footwear is recommended in the changing rooms and shower area

## **Safety**

- Neither adults or children should enter the poolside until a member of the Aquakidz team is present. Parents or guardians are to remain at the premises during the lesson and are responsible for the safe supervision of any children in your care.
- As space is limited, the changing area should be vacated as quickly as possible and the number of spectators kept to a minimum.
- The use of mobile phones and recording devices are not allowed on poolside or in the changing rooms in accordance with the Safeguarding Policy.
- To respect the privacy of others, especially in the use of changing facilities. Parents should not be in the changing room while children are changing unless their child is of an age where help is required from parents (usually 7 or 8 years and below) or if the child requires additional specific assistance.
- Please do not take photos during the swimming lesson. If you would like to take a photo of your own child please speak to the teacher who should be able to assist with this to ensure safeguarding guidelines are adhered to.

## **Behaviour**

- Swimmers are required to follow instructions given by the Teacher(s) and comply with any safety regulations. Swimmers should not enter the water unless directed to do so by the Teacher.
- Spectators are to behave responsibly during lessons and treat other customers and staff with due respect in accordance with the Swim School's commitment to diversity and equality. Inappropriate language within the Swim School environment is not acceptable.